Tina Lauzis has held a doctorate in sciences and techniques of physical and sports activities (STAPS) (history of sports) from the University of Reunion, since 2020. She still works as an aggregate teacher of physical and sports education (EPS). Her thesis focused on the integration of EPS teacher training at the university based on interviews conducted with a small group of witnesses born between the years 1950 and 1970. After the publication of proceedings in 2018 and 2023 with Jean-Michel Delaplace, in 2023, she also published a book about the history of rugby on Reunion Island, with Dr. Parwine Patel.